



## New Neighbor



Join us in welcoming new neighbor **Culina Health** to 900 Cummings Center, Suite 404-U. Culina Health's team of registered dietitian nutritionists provides nutrition coaching and consulting.

## Upcoming Events

**Northeast Massachusetts Score**, 100 Cummings Center, Suite 310-G, will host "The Effective Elevator Pitch" on **Monday, July 18 at 2:00 PM**. The webinar will help attendees create a concise message that communicates their business' unique offering and how it can help prospective customers. For additional information or to register, visit the [website](#).



## Holiday Happenings



**Upcoming Holiday:** In honor of **Independence Day**, Cummings Properties' offices will be closed on **Monday, July 4**. Happy Fourth of July!

## Special Offer

**Grand Opening Discount:** New neighbor **Transform Myofascial Release**, 100 Cummings Center, Suite 539-H, is offering \$25 off to new clients through the end of August 2022. Occupational Therapist **Jessica Eddy-Storey** uses myofascial release, a specialized type of massage that releases restrictions in connective tissue, to get at the root of unresolved pain. Visit the [website](#) to learn more or book an appointment.

## Sentimental Sendoff

After 26 years as the project architect for Cummings' Beverly Division, Dave Harriss will be retiring on **July 8**. He has brought invaluable knowledge, experience, and humor to the Cummings community. We will miss you, Dave!



## The *Other* Cummings Center



About a quarter-century after Cummings Center was established in Beverly, a new Cummings Center has opened in Medford. With the full name of Joyce Cummings Center, in honor of the co-founder of Cummings Foundation, this 150,000-square-foot building serves as a striking campus gateway for Tufts University. It has rapidly become a popular site for interdisciplinary learning, research, and collaboration.

## Simple Smiles

Simple Smiles was created to help everyone start the week off learning, imagining, and smiling. All MetroNorth News readers are invited to submit photos of something or some place they find interesting, informative, or exciting. Please refrain from sharing photos that feature people.



## Safety Reminder

**Mulch Is Flammable:** It is essential that all cigarettes be fully extinguished and disposed of properly. *Never* toss cigarette butts into landscaped areas, as bark mulch is flammable. Improperly disposed of cigarettes are a frequent source of landscape fires, which can quickly spread to buildings and vehicles, causing needless damage. Thank you for your cooperation, and please pass the word along to colleagues and friends.

## Call for Submissions

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**We want to hear from you!** Do you have news or a great photo to share? Is there a special you'd like to offer to Cummings clients? Email your news, offers, and photos to Helen at [newsbrief@cummings.com](mailto:newsbrief@cummings.com).



Leasing clients who would like to share news or photos in the **July 12** edition are asked to provide their submissions **by 4:00 PM on Thursday, July 7.**

## Shoe Snippets

*Fun facts about the historic Cummings Center site, formerly known as "The Shoe"*

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The original plans for The Shoe included three buildings: A and B were to be 60 feet wide and 520 feet long, with C being somewhat shorter. The facility was to include 10 acres of floor space, and 90 percent of the walls were to be made of clear glass. Although the end result was still three buildings, once fully constructed, The Shoe was almost double the size of initial projections.

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